



October 2010

Activity Calendar

Subject to change.



<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
Change in Travel Program Reservation Policy: The City's Accounting Policy for Senior Center trips has changed the way trips are organized. <i>Payment in full is required within three (3) days of registering to guarantee your seat.</i> Delays in payment will result in your name being moved to a waiting list, or dropped from the roster.				1 Sally Warren—Piano
4 Ceramic Leather Carving Class 10:00 Kelly Warren & His Guitar 11:30	5 Brunch & Learn 10:00 Medicare Abuse Fraud & Identity Theft	6 Birthday Party 12:30 Foot Clinic by appt.	7	8 Odell Summers & His Xylophone 11:30 Bar J Concert 5:00 Ceramic Class with Guest Instructor 10:00
11 Center Closed for Columbus Day	12 Foot Clinic by appt. Blood Pressure 11:30	13 NO MEMORY CLUB TODAY	14 Chiropractic by appt. Karaoke with Kelly Warren 11:00 Myers Day Comfort Club 6:00	15 Becky Kimball
18 Advisory Council 9:15 Ceramic Leather Carving Class 10:00 Kelly Warren & His Guitar 11:30 Gillies Dollar Days	19	20 Health Fair & Flu Shots 9-12 Red Hat Trip 12:30 Candidates Meeting 7 pm	21 Pumpkin Pickin' 1:00	22 Pumpkin Decorating 10:00
25 Wendover 7:30 am In-Home Flu Shots 9-12 (See p. 1) Foot Clinic by appt. Kelly Warren & His Guitar 11:30	26 In-Home Flu Shots 9-5 (See p. 1)	27 Memory Club Reunion 10:00-12 (See p. 9) Ceramics Rip & Tear 1:30	28 Commodities Pumpkin Walk 1:30 Hot Flash Tappers	29 Halloween Party 11:30 Halloween Evening Dinner Dance 5:00-9:00

DAILY

Lunch M-F 12-1
Hall Walking 8-10 a
Library M-F 8-4
Pool Room M-F 8-4

WEEKLY

Advanced Spanish M 10:00 a
Tai Chi M 10:00a
Bunka M 9:00
Beginning Spanish T 10:00
Square Dance T 7-10 p

Watercolor T 9:30-12

Line Dancing M/W 1:00 p
Yoga Tu/Th 4:00 p
Ceramics 10-4 T & Th
Bridge/Pinochle Th 1:00 p
Sit & Be Fit W/F 10:00 a
Tap Dancing W/F 9 a
Oil Painting Th 9:30
Sit & Dance Th 10:00
Beginning Ceramics F 10:00 a

Computer classes as scheduled:
Contact Nancy to enroll.

GENERAL INFO: Telephone Reassurance, Friendly Visitor, Info. and Referral; Senior Transit M-W-F 723-3303 X18; MOW Hot meals M-F Frozen Sat-Sun.; **Please make lunch & To Go reservations one day in advance.**